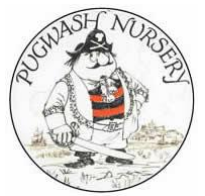




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Executive Headteacher: Mr Barry Blakelock
Head of School: Miss Kelly Martin



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30th September 2019

Dear Parents and Carers

Our school has been invited to take part in the ELSA training programme, Emotional Literacy Support Assistants.

The training is delivered by East Sussex Educational Psychology service which will enable the member of staff to better support children to understand and deal with their emotional responses to a range of situations.

As part of this training we will be talking to children about the way they feel at different times, the sorts of things that they find difficult to cope with, as well as what makes them feel positive. Some of the areas that the ELSA may work on are:

- Recognising emotions
- Self-esteem
- Social skills
- Friendship skills
- Emotional management
- Loss and bereavement

Mrs Manktelow has stated training as an ELSA (Emotional Literacy Support Assistant) therefore she will be the key person working with individuals or in a small group. The ELSA sessions are set at regular times of the day, each session ranging from 20/30 minutes and are tailored to the child's individual needs.

Should your child be identified as someone who could possibly benefit from attending an ELSA session, you will receive a letter regarding this. If you have any concerns regarding your child then please do not hesitate in contacting your child's class teacher or Mrs Manktelow.

Yours sincerely

A handwritten signature in blue ink that reads 'K Martin'.

Miss K Martin
Head of School