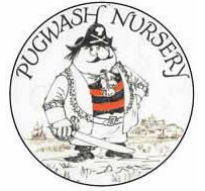




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19th May 2021

RE: Relationships, Sex and Health Education- RSHE lessons.

Dear Parent/Guardian

Our school prides itself on delivering effective, age-appropriate relationships, sex and health education (RSHE) which meets the needs of all our pupils, within an inclusive and supportive learning environment, using non-biased resources. RSHE is taught by experienced and skilled teaching staff who are committed to preparing your child to live and learn safely in the modern world, negotiating the transition into increasing independence with the development of knowledge, values and skills to make positive, healthy and safe choices.

Since September 2020 RSHE has been a statutory part of the curriculum for all schools in England. Here at Rye Primary, we have adopted the curriculum and resources recommended by East Sussex County Council; a spiral curriculum which enables pupils to build on their prior learning by revisiting some themes to further develop knowledge, values and skills in an age and stage-appropriate manner. As such, some themes are repeated to enable a deeper exploration of the related issues. The following themes will be covered in each year group: My Feelings, My Relationships, My Rights and Responsibilities, My Body, My Beliefs and Asking For Help.

I would like to take this opportunity to reassure you that none of the teaching materials or strategies should shock pupils. All lessons will be taught in a strictly non-judgemental and non-biased manner to allow your child the opportunity to consider the information and develop their own values, attitudes and opinions about the topic. We would encourage you to discuss your child's relationships and sex education with them at home. This is an opportunity for you to share your family values in relation to the topics, building strong channels of communication about emotions, the human body and relationships with your child.

If you would like to know more information about our programme of relationships and sex education, please, familiarise yourself with the RSHE policy which can be found on our school website, you can also view the lesson materials for your child's year group by directly contacting the class teacher. We have also enclosed 'Top tips for talking to your child' overleaf.

Please do feel free to contact your child's class teacher at any time if you would like to discuss our programme of RSHE .

Best Wishes,

Miss Martin
Head of School