



01797 222825
office@ryeprimary.co.uk

Rye Community Primary School & Pugwash Nursery
The Grove, Rye, East Sussex TN31 7ND
www.ryeprimary.co.uk
Executive Headteacher: Mr Barry Blakelock
Headteacher: Miss Kelly Martin



01797 222825
office@ryeprimary.co.uk

Monday, 18th September 2023

Year 5 and 6 Relationships, Sex and Health Education (RSHE)

Dear Parent/Guardian

We will be teaching RSHE (Relationship, Sex, and Health Education) lessons in class this week. As from September 2020, RSHE is a statutory element of the curriculum in all schools in England. We have adopted the spiral curriculum recommended by East Sussex County Council, which allows children to access age appropriate material, as well as ensuring that our children remain happy, healthy, confident and safe.

We will be focusing on the following unit with the Year 5 and Year 6 children during their RSHE day.



Year 5 content overview



Year 6 content overview

If you would like to know more information about our programme of relationships and sex education, please familiarise yourself with the RSHE policy which can be found on our school website. Please do feel free to contact your child's class teacher at any time if you would like to discuss our programme of RSHE or view the lesson materials in advance of the lesson.

Best Wishes,

Miss Brassleay, Miss Turton, Mrs Davies and Mr Cameron
Year 5 and 6 class teachers